

Local School Wellness Policy

Local Educational Agencies (LEAs) that participate in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP) are required by federal law to establish a Local School Wellness Policy (LSWP) for all schools under its jurisdiction. This includes any charter or private schools participating in federal Child Nutrition Programs (CNP).

LSWPs are an important tool for parents, LEAs, and school districts in promoting student wellness, preventing and reducing childhood obesity, and providing assurance that school meal nutrition guidelines meet the minimum federal school meal standards. Development and implementation of a LSWP is specific for each LEA based on the unique needs of the agency.

Strategies for Successful Implementation

LSWP development and implementation is a continuous process involving the school and the local community. The policy and action plan need to evolve in response to the school environment and local priorities. A key strategy for success is maintaining an active wellness committee that oversees the LSWP and ensures the policy continually addresses the health and wellness needs of the students. The wellness committee provides leadership for the updates to the policy, for ongoing monitoring and evaluation, and for reporting to the school and the community about the progress and success of its LSWP implementation.

For more information on Local School Wellness Policies see the Quick Reference Guide to [Local School Wellness Policy](#).

After you have reviewed the information contained in the Quick Reference Guide, try the “[Apply Your Knowledge](#)” self-check.

Food service directors and administrators can utilize the SNP Primer as a Professional Standards training resource. Reviewing the **Quick Reference Guides** with staff and administering the **Apply Your Knowledge** self-check quiz may count for 15 minute training.

The training topic Local School Wellness Policy provides the following:

Key Area: Administration (3000)

Training Topic: Program Management (3200)

Learning Objective: Healthy School Environment (3230)

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